Mountain Weather Forecast

Lake District National Park

Forecast valid from 06:00 on Sunday 06 Oct 2024 until 23:59 on Monday 07 Oct 2024

Forecast Issued on Sunday 06 Oct 2024 at 03:07

Confidence: Moderate for timing of rainfall over the coming days, falling low mid-week when the next low pressure system arrives.

Headline for Sunday 06 Oct 2024: A mix of dry, bright spells and outbreaks of rain on Sunday. Winds easing through the day.

Mountain weather hazards on Sunday 06 Oct 2024

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
Low Likelihood

Severe chill effect
Low Likelihood

Poor visibility
Low Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Light rain	Sunny intervals	Sunny intervals	Light rain	Light rain	Heavy Rain
Precipitation probability					
50%	10%	30%	50%	60%	60%

Forecast for Sunday 06 Oct 2024

Weather: Outbreaks of rain clearing during the early morning to leave patchy cloud and sunny spells for a time. Further rain or showers from around mid-afternoon, clearing late evening to clear spells. Strong winds easing during the day.

Chance of cloud-free hill tops above 800m: 60% soon becoming 90% then 20-30% from mid-afternoon, 80% by late evening.

Low cloud and visibility: Occasional cloud base 500-700m soon lifting largely above the summits, then becoming periods above 500-700m by mid-afternoon, clearing late evening. Visibility good, falling moderate in rain.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 06 Oct 2024

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
900	36/42 SE	37/44 SE	31/40 SE	26/33 SE	18/25 SE	13/17 SE	15/19 S
600	27/36 SE	29/40 SE	26/36 SE	20/28 SE	19/27 SE	13/19 SE	12/17 S
300	13/30 SE	14/32 SE	15/30 SE	11/24 SE	9/20 SE	7/14 SE	5/13 S
Valley	10/24 SE	10/24 SE	10/22 SE	8/18 SE	7/15 SE	4/10 SE	5/12 S

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
900	6/-1	6/-1	6/0	6/1	6/2	7/3	7/3
600	7/2	7/2	8/4	8/4	8/4	8/5	8/5
300	9/6	10/7	11/8	11/9	10/8	10/8	10/9
Valley	11/9	12/10	13/11	13/12	12/11	12/11	12/11
Freezing Level*	2400m	2600m	2600m	2600m	2400m	2200m	2000m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Meteorologist's View

Feeling cold in strong winds at first, be prepared with appropriate layers.

Forecast for Monday 07 Oct 2024

Weather: Patchy cloud and clear spells during the overnight period. Chance of a little rain at first, otherwise dry with sunny spells. A few light showers possible during the afternoon but mainly dry with sunny spells. Turning cloudier with potentially heavy rain approaching from the south by late evening.

Maximum wind: Southwesterly 10-15 mph gusting 25 mph, falling light into the evening.

Chance of cloud-free hill tops above 800m: 70-80%

Low cloud and visibility: Occasional cloud base 500-700m at times in association with rain or showers. Visibility good but temporary reductions in rain.

Temperature: **Valleys:** Plus 10 rising to plus 15 Celsius
At 800m: Plus 7 to 10 Celsius
Freezing level: Above summits

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Ground Conditions Supplement
No recent ground conditions report available.

Issued at: 03:07 on Sun 06 Oct 2024

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